

one-year calendar planner

Why use this calendar planner?

1. Because your daily schedule is now filled with doctor's appointments, second opinions, support group meetings, medication schedules, wig shop appointments, a gentle stretch class, etc. Am I right or what?
2. Because doctors will often tell you to come back to see them in a certain number of days or weeks, and you will find yourself constantly referring back to your old appointments to make that next appointment.
3. Because it is hard to find your medication schedule when it is mixed in with your son's soccer practice schedule or with business meetings.
4. The calendars are blank so that you can start the calendar on the month you are diagnosed. Use the enclosed calendar to fill in the correct dates that match your first month of diagnosis.

The other option? Keep all your appointments on myCANCER101 located on our Web site at CANCER101.org. With this option you can access your important information from home, office or hospital. You can also set email reminders to ensure you don't forget your appointments.

FYI, this option only works when you actually turn on your computer.

month:

year:

sunday	monday	tuesday	wednesday
date	date	date	date
date	date	date	date
date	date	date	date
date	date	date	date
date	date	date	date



Don't forget to make follow-up appointments and take your medications as directed by your doctor.

thursday	friday	saturday	notes
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____
date	date	date	_____

